



www.equilibriopilates.com

Pilates		Fee Schedule	
Introductory Offers:	One time only!		
4 Group Classes + 4 Private Sessions	\$ 320	Save \$120!	
3 Private Sessions	\$ 175	Save \$80!	
Private Pilates	\$ 85		
Private Pilates-pack of 5	\$ 400	(\$80 ea)	
Private Pilates-pack of 10	\$ 750	(\$75 ea)	
Private Pilates (25 min)	\$ 40		
Private Pilates (25 min)-pack of 10	\$ 380	(\$38 ea)	
Pilates Duet	\$ 50		
Pilates Duet-pack of 5	\$ 225	(\$45 ea)	
Pilates Duet-pack of 10	\$ 420	(\$42 ea)	
Pilates Semi-private (3-4 people)	\$ 45		
Pilates Semi-private-pack of 5	\$ 200	(\$40 ea)	
Pilates Semi-private-pack of 10	\$ 380	(\$38 ea)	
Open Studio (55 min)	\$ 12		
Open Studio-pack of 5	\$ 55		

Pilates Based Rehabilitation*		Fee Schedule	
Consultation (25 min)	Free (one time only)		
Initial Orthopedic Exam (70 min)	\$ 100		
Rehabilitation Session	\$ 95		
Rehabilitation Session-pack of 5	\$ 450	(\$90 ea)	
Rehabilitation Session-pack of 10	\$ 850	(\$85 ea)	
Chiropractic Visit (15 min)	\$ 40		
Orthotics Fitting (25 min)	\$ 40		
Custom Made Orthotics	From \$250		
<p><i>* Medical insurance codes are provided for re-imbursement. Please check with your carrier for specific chiropractic coverage information.</i></p>			

Group Pilates Classes		Fee Schedule	
Mat/Dance Class Drop-In	\$ 20		
Mat/Dance Class-pack of 10	\$ 180	(\$18 ea)	
Intro to Equipment (5 sessions)	\$ 175		
Group Equipment Class	\$ 35		
Group Equipment Class-pack of 5	\$ 160	(\$32 ea)	
Group Equipment Class-pack of 10	\$ 300	(\$30ea)	
Unlimited Monthly Classes	\$ 195	/month	
	\$ 75	one time	
<i>Call for more information!</i>		set up fee	

Nutrition, Wellness and Weight Management		Fee Schedule	
12 Week Nutrition and Fitness Plan	\$ 349		
Monthly Maintenance	\$ 60	/month	
Body Composition w/Recommendations	\$ 49		

All classes or sessions are 55 minutes unless otherwise noted.

Equilibrio Pilates is a client centered wellness studio which is dedicated to creating a successful and nurturing experience for you. Please contact Equilibrio Pilates management should you have any questions or concerns.

For your convenience, reservations may be booked on line up to 24 hours prior the start time of the desired appointment/class. To book a session within 24 hours of the start time, please contact the studio directly.

Please allow 10 minutes to register before your first scheduled session. Registration is required before participation in any session. For your convenience, registration forms are available on line.

In an effort to offer the highest quality care at a fair and reasonable price, we do not bill your insurance carrier directly. Medical insurance billing codes are provided to you for reimbursement of rehabilitation and chiropractic services. Please check with your carrier for specific information regarding chiropractic coverage.

**A minimum 24 hour notice of cancellation is necessary to avoid being charged for your session.** Cancellations may be made on the WebScheduler, by sending email (lore@equibriopilates.com) or by voicemail (408-358-1760) anytime. Please do your best to attend your scheduled classes and appointments to ensure your progress.

**All packages expire in 6 months, are non-refundable and non-transferable.**

Class and appointment sessions must be made and paid in advance.

Although we make every effort to avoid class cancellations, we reserve the right to cancel any class in which fewer than 2 participants are enrolled. Enrolled participants will be notified via email and the cancelled class will be posted on the WebScheduler.

Class instructors may be changed without prior notice.

We require our clients to attend at least 3 private sessions or an introductory series before enrolling in group classes.

The exercise methods taught at EP can be practiced daily.

To achieve optimal results, we recommend attending an EP Pilates sessions targeted for you needs at least twice a week.

We recommend a private session a minimum of every 4-6 weeks in order to advance your Pilates practice and ensure you make the most of your studio time.

Equilibrio Pilates' instructors are highly skilled professionals who each bring their unique talents to your sessions. We encourage you to benefit from different EP instructors.